

Dear Parents,

We are very excited to be supporting Repton Schools (Dubai) this coming academic year. The purpose of this email is to introduce Cognita ENRICH ME and it's programmes, which are exclusive to Cognita Schools in the Middle East.

## What is ENRICH ME and why is it unique?

Cognita ENRICH ME is a market-leading enrichment provision to support school curriculum, leading to a broader, higher quality learning experience for our students. Designed exclusively for our Cognita family of schools, the ENRICH ME programme brings the very best provision in football, swimming, and provides many gifted & talented opportunities.

We are unique in many ways, such as, **low student to coach ratios**, **experienced coaches** and use of **cutting-edge technology** to enhance student experience. We are **exclusive to Cognita schools** and are **fully integrated within each school**.



A highly professional football programme designed by Cognita, exclusively for Cognita schools and students in Dubai. It offers extensive wrap-around support, including training and match analysis, testing, screening, and strength and conditioning. All data is then compiled into an Athlete Management System to build a profile of each player, which can then be used to tailor the delivery of lessons by our highly experienced coaches.

Learn more about ENRICH ME Football by watching this short video.



An integrated swimming programme, led by our dedicated and experienced swimming instructors who support students within their curriculum swimming sessions. This extends beyond the school day where they support the school Swimming Squads and extracurricular swimming sessions. All swimming provision is underpinned by the internationally recognised Swim England framework.

Learn more about ENRICH ME Swimming by watching this short video.

## Sean O'Shea



Hello everyone, I am the Director of ENRICH ME Football. I am very excited to be leading this programme for the coming academic year. To give you a flavour of who I am and my credentials; I am a UEFA Pro Licence holder and have 18 years of football coaching experience, working across four countries.

## William Ing



Hello! I am the Head of Swimming for Cognita ENRICH ME. I am delighted to be leading swimming activities across all Cognita schools in Dubai this coming academic year. I have over 20 years' experience in aquatics, hold a Swim England teaching and coaching qualification in swimming and diving and I am a licensed Swim England tutor.





